

Join us for lunch at the following locations on the days and times listed.

**CENTRAL**

**Colorado Springs Senior Center**      **719-387-6000**  
1514 North Hancock Avenue  
Serving Times: 11:30 - 12:15      weekdays  
People with disabilities: 11:15

**Otis Park**      **719-385-6860**  
731 North Iowa  
Serving Times: 11:30 - 12:00      weekdays

**Temple Shalom**      **719-634-5311**  
(serving kosher meals)  
1523 East Monument  
Serving Times: 12:00 - 12:30      Mon & Wed

**DOWNTOWN**

**Acacia Park Apartments**      **719-884-2304**  
104 East Platte Avenue  
Serving Times: 11:30 - 12:15      weekdays

**Centennial Plaza Apartments**      **719-884-2304**  
516 East Kiowa Street  
Serving Times: 11:30-12:00      weekdays

**EASTSIDE**

**Sunny Vista**      **719-635-9595**  
2480 East Dale Street  
Serving Times: 11:00 - 11:45      weekdays

**NORTH**

**Crestview Apartments**      **719-884-2304**  
3880 Van Teylingen Drive  
Serving Times: 12:00 - 12:30      weekdays

**Hatler-May Village**      **Onsite reservations only**  
5640 North Union Blvd.  
Serving Times: 12:15 - 12:45      weekdays

**Mountain Community Mennonite Church**      **719-884-2304**  
643 Highway 105, Palmer Lake, CO  
Serving Times: 12:00 - 12:30      weekdays

**SOUTH**

**Hillside Community Center**      **719-385-7900**  
925 South Institute  
Serving Times: 11:30 - 12:00      Tues & Thur

**Fountain Valley Senior Center**      **719-520-6470**  
5745 Southmoor Drive  
Serving Times: 11:45 - 12:45      weekdays

**Grinde Manor**      **719-382-7690**  
906 Grinde Drive  
Serving Times: 11:30 - 12:00      weekdays

**Meadows Park Community Center**      **719-385-7940**  
1943 South El Paso  
Serving Times: 11:30 - 12:00      weekdays

**Pikes Peak Towers**      **719-632-1556**  
1912 Eastlake Blvd.  
Serving Times: 12:00 - 12:30      weekdays

**Silver Key at South Murray**      **719-884-2304**  
1655 S. Murray Blvd.  
Serving Times: 11:45—12:30      weekdays

**Southview Plaza Apartments**      **719-884-2304**  
1462 E. Fountain Blvd.  
Serving Times: 12:00 - 12:30      weekdays

**Villa San Jose**      **719-632-7444**  
1810 South Corona  
Serving Times: 11:30 - 11:45, Tues, Thurs & Fri

**Villa Santa Maria**      **719-632-7444**  
405 St. Elmo  
Serving Times: 11:30 - 11:45      Mon & Wed

**WEST**

**St. Andrews Episcopal Church**      **719-685-9259**  
103 Cañon Avenue  
Serving Times: 11:30 - 12:00      weekdays

**West Center Community Center**      **719-385-7920**  
1628 W. Bijou Street  
Serving Times: 11:30 - 12:00      weekdays

**Woodland Park and Teller County Senior Center**      **719-687-3877**  
321 North Pine Street  
Serving Times: 11:45 - 12:15      weekdays

**Golden Circle Nutrition Program  
A Program of Silver Key**



For reservations only:

**(719)884-2304** before 2 p.m. at least one day prior to dining



### ***The Golden Circle Nutrition***

***Program (GCNP)*** is a program of ***Silver Key***

The program provides nutritious meals in a congregate social setting to eligible diners and does not discriminate on the basis of race, color, national origin, sex or religion.

All meals are prepared to meet ⅓ of the recommended dietary allowance (RDA) for seniors.

The program also provides a monthly Nutritional Education newsletter.

### ***Our Mission is to...***

- promote good health through proper nutrition
- reduce loneliness by offering the opportunity to socialize and be with others
- add quality of life to diners

### ***Funding and how the program works:***

The GCNP receives funding from federal and state grants, the City of Colorado Springs, City of Manitou Springs, Title III of the Older Americans Act and from generous donations. The Pikes Peak Area Agency on Aging, local churches and charitable individuals in the community also contribute valuable resources to the program.

### ***Who is eligible?***

- Anyone 60 years of age or older
- The spouse of an eligible diner
- Disabled persons under 60 years of age who reside in housing facilities occupied primarily by older adults and at which congregate nutrition services are provided

### ***How much do meals cost?***

The suggested donation for eligible diners is \$2.25, but no eligible person is denied a meal because of inability to give.

Donations are used to offset the cost of meals and expand the program to more seniors. For convenience, the GCNP accepts food stamps. If a friend or family member less than 60 years of age would like to join an eligible diner for lunch, they are welcome to do so.

The **guest fee** for a non-eligible diner is \$7.31.

### ***Come and dine with us***

Please call the GCNP office at 719-884-2304 to make a reservation for the site you would like to attend. We appreciate a one day notice prior to 2 p.m. Please leave site name, your name and number of diners.

### ***No reservation is required for the following sites:***

- Acacia Park Apartments
- Colorado Springs Senior Center

### ***Transportation***

For availability of transportation in

**Colorado Springs**, please call

**Silver Key at 719-884-2380.**

For transportation to the **Fountain Valley Senior Center** meal site, please

contact **Fountain Valley Senior**

**Services at 520-6472.**

### ***Interested in becoming a volunteer?***

The success of our program relies on the willingness of our volunteers to donate their time and effort in helping serve meals. If you are interested in volunteering your time, please call the **Silver Key Volunteer Manager, Linda Arguello at (719) 884-2319.**

