























September 2017 Meals on Wheels/Golden Circle Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>GOLDEN CIRCLE MEALS ARE PARTIALLY FUNDED BY THE PIKES PEAK AREA AGENCY ON AGING</p> 		<p>Please leave your name and number here if you plan to use this calendar as your Meals on Wheels order form.</p> <p>Name : Phone:</p>	 Denotes golden circle option ONLY Both meal options are available to Meals on Wheels clients.		<p>¹  Ziti w/ Sausage & Marinara</p> <p>Meatball Sub w/ Provolone Cheese</p>	<p>² Chicken Pot Pie</p> <p>NO GOLDEN CIRCLE</p>
<p>³ Hamburger</p> <p>NO GOLDEN CIRCLE</p>	<p>⁴ Pork Ribs</p> <p>LABOR DAY</p> <p>NO GOLDEN CIRCLE</p>	<p>⁵  Beef Tacos</p> <p>Chicken Chow Mein</p>	<p>⁶  Meatballs & Marinara</p> <p>Ruben Sandwich</p>	<p>⁷  Chicken Picatta</p> <p>Mongolian Beef</p>	<p>⁸  Chicken Chili</p> <p>French Dip Philly</p>	<p>⁹ Glazed Ham</p> <p>NO GOLDEN CIRCLE</p>
<p>¹⁰ Crab Cakes</p> <p>NO GOLDEN CIRCLE</p>	<p>¹¹  Honey Roasted Curry Chicken</p> <p>Pork Chop</p>	<p>¹²  Salmon w/ Lemon & Dill</p> <p>Chicken Teriyaki</p>	<p>¹³  Beef Bourguignon</p> <p>Spaghetti w/ Meat Sauce</p>	<p>¹⁴  Pork Loin w/ Mushroom Sauce</p> <p>Italian Sub Sandwich</p>	<p>¹⁵  Beef Chili & Baked Potato</p> <p>Shrimp Creole</p>	<p>¹⁶ Meatballs & Marinara</p> <p>NO GOLDEN CIRCLE</p>
<p>¹⁷ Roast Turkey</p> <p>NO GOLDEN CIRCLE</p>	<p>¹⁸  Sloppy Joe</p> <p>Chicken Bacon Avocado Sandwich</p>	<p>¹⁹  BLT Sandwich & Soup</p> <p>Meatloaf</p>	<p>²⁰  Pepper Steak</p> <p>Chicken Cacciatore</p>	<p>²¹  Chicken Marsala</p> <p>Beef Stew</p>	<p>²²  Chicken Pot Pie</p> <p>Pork & Bean Burrito</p>	<p>²³ Beef Bourguignon</p> <p>NO GOLDEN CIRCLE</p>
<p>²⁴ Pork Loin w/ Mushroom Sauce</p> <p>NO GOLDEN CIRCLE</p>	<p>²⁵  Chicken Sandwich w/ Avocado</p> <p>Bratwurst</p>	<p>²⁶  Beef Stroganoff</p> <p>Quiche</p>	<p>²⁷  Baked Citrus Tilapia</p> <p>Chicken Enchilada</p>	<p>²⁸  Chicken Parmesan</p> <p>Liver & Onions</p>	<p>²⁹  Yankee Pot Roast</p> <p>Seafood Crepes</p>	<p>³⁰ Sloppy Joe</p> <p>NO GOLDEN CIRCLE</p>

NOTES: