

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
3 Broccoli Stuffed Chicken Breast	4 Tuna Salad on Croissant	5 Meatloaf w/ Gravy	6 Chicken Alfredo	7 Baked Ziti w/ Sausage & Marinara	8 Chicken Chow Mein	9 Slow Roasted Beef
10 Manicotti w/ Marinara	11 BLT	12 Beef Chili w/ Cheese	13 Chicken Cacciatore	14 Salmon in Sesame Ginger Sauce	15 Meatloaf w/ Gravy	16 Broccoli Stuffed Chicken Breast
17 Pork Carnitas w/ Pepper, Onion, Cheese, Sour Cream, Salsa	18 Breaded Chicken Sandwich w/ Lettuce & Tomato	19 BBQ Beef Sandwich	20 Baked Ham	21 Baked Citrus Tilapia	22 Chicken Cacciatore	23 Salmon in Sesame Ginger Sauce
24 Manicotti w/ Marinara	25 Christmas Holiday Baked Ham	26 Chicken al a King	27 Pork Loin w/ Gravy	28 Sloppy Joe	29 BBQ Beef Sandwich	30 Chicken Alfredo
31 Crab Cakes	Jan 1, 2019 New Year's Day Holiday Pork Loin w/ Gravy					