Silver Key Home Delivered Meals

Home Delivered Meals Menu | MAY 2019

Registered clients can order meals at **www.silverkey.org/home-delivered-meals-order-form/**
Please keep this menu for reference.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 Beef Chimichanga (LS) - or - Breaded Chicken Sandwich	2 Chicken Carbonara (LS) - or - Stuffed Shells w/ Marinara	3 Pork Chow Mein (LS) - or - Chicken Pot Pie	4 Chicken al a King (LS)	5 Sloppy Joe (LS)
6 Chicken Fajitas w/ Pepper, Onion, Cheese, Salsa (LS) - or - Veggie Lasagna	7 Ham Salad on Croissant (LS) - or - Chicken Chow Mein	8 Pork Pot Roast (LS) - or - Reuben Sandwich	9 Beef Teriyaki (LS) - or - Italian Sub Sandwich	10 Baked Cod Olympia (LS) - or - Pork Chop	11 Beef Chimichanga (LS)	12 Chicken Carbonara (LS)
13 Hamburger w/ Lettuce, Tomato & Onion (LS) - or - Spaghetti w/Meat Sauce	14 BBQ Turkey (LS) - or - Shrimp Creole	15 Beef Burrito/ Green Enchilada Sauce (LS) - or - Chicken Bacon Avocado S'wich	16 Riblettes (LS) - or - Hotdogs	17 Lasagna Roll/ Marinara (LS) - or - Marian's Quiche	18 Pork Chow Mein (LS)	19 Beef Teriyaki (LS)
20 Chicken Cordon Bleu (LS) - or - Baked Salmon	21 Turkey Salad Sandwich (LS) - or - French Dip Sandwich	22 Pico Lime Cod (LS) - or - Pork & Bean Burrito	23 Honey Curry Chicken (LS) - or - Mongolian Beef	24 Meatball Sub (LS) - or - Chicken & Dumplings	25 BBQ Turkey (LS)	26 Lasagna Roll/ Marinara (LS)
27 Hotdogs	28 Breaded Chicken Sandwich w/ Lettuce & Tomato (LS) - or - Salmon Burger	29 Beef Tacos w/ Lettuce, Tomato, Cheese, Salsa (LS) - or - Turkey Wrap	30 BBQ Chicken (LS) - or - Cobb Salad	31 Baked Ziti w/ Sausage & Marinara (LS) - or - Garlic Tilapia		**(LS) = Low Sodium Choice**

Menu substitutions may occur without notice. Clients are advised to keep a 3-day supply of non-perishable foods and bottled water in the event of inclement weather or other emergencies that may cause a temporary suspension of service.