

# Silver Key Connections Café



This service provides nutritious meals in a social setting to eligible diners and does not discriminate on the basis of race, color, national origin, sex or religion. All meals are prepared to meet  $\frac{1}{3}$  of the recommended dietary allowance (RDA) for seniors. The service also provides Nutrition Education.

## Our Mission:

- Promote good health through proper nutrition
- Offer the opportunity to socialize with others
- Increase independence and enhance quality of life

## Funding and how the program works:

Silver Key Connections Café receives funding from federal and state grants, the City of Colorado Springs, City of Manitou Springs, Title III of the Older Americans Act and from generous donations. The Pikes Peak Area Agency on Aging, local churches, and charitable individuals in the community also contribute valuable resources to the program.

## Who is eligible?

- Anyone 60 years of age or older
- The spouse of an eligible diner
- Disabled persons under 60 years of age who reside in housing facilities occupied primarily by older adults and at which Silver Key Connections Café services are provided

## How much do meals cost?

The suggested donation for an eligible diner is \$2.25, but no eligible person is denied a meal because of inability to give.

Donations are used to offset the cost of meals and expand the program to more seniors. If a friend or family member less than 60 years of age would like to join an eligible diner for lunch, they are welcome to do so. The guest fee for a non-eligible diner is \$6.00.

## Come and dine with us! Reservations are required.

Please call Silver Key Connections Café at 719-884-2304 to make a reservation for the site you would like to attend. We require a one day notice prior to 2 pm. Please leave site name, your name and number of diners. Reservations may also be made online at [silverkey.org/services/connections-cafe-reservations](http://silverkey.org/services/connections-cafe-reservations).

## Silver Key Reserve & Ride transportation service:

For availability of transportation in Colorado Springs, please call Silver Key Reserve & Ride at 719-884-2380. For transportation to the Fountain Valley Senior Center meal site, contact Fountain Valley Senior Services at 719-520-6472.

## Interested in becoming a volunteer?

The success of our program relies on the willingness of our volunteers to donate their time and effort in helping serve and prepare meals. If you are interested in volunteering your time, please call the Silver Key Volunteer Manager at 719-884-2319.

**Reservations Required:**  
719-884-2304 or [www.silverkey.org/connections-cafe](http://www.silverkey.org/connections-cafe)

## CENTRAL

Colorado Springs Senior Center • 719-387-6000  
1514 North Hancock Avenue  
Serving Times: 11:30 - 12:15 | Weekdays  
People with disabilities: 11:15

Holiday Village • 719-475-2915  
3405 Sinton Road  
Serving Times: 11:45 - 12:30 | Weekdays

Temple Shalom • 719-634-5311  
(serving kosher meals)  
1523 East Monument  
Serving Times: 12:00 - 12:30 | Mon & Wed

## DOWNTOWN

Acacia Park Apartments • 719-884-2304  
104 East Platte Avenue  
Serving Times: 11:30 - 12:15 | Weekdays

Centennial Plaza Apartments • 719-884-2304  
516 East Kiowa Street  
Serving Times: 11:30-12:00 | Weekdays

## NORTH

Mountain Community Mennonite Church  
719-884-2304  
643 Highway 105, Palmer Lake, CO  
Serving Times: 12:00 - 12:30 | Mon, Wed, Fri

## SOUTH

Fountain Valley Senior Center • 719-520-6470  
5745 Southmoor Drive  
Serving Times: 11:45 - 12:45 | Weekdays

Pikes Peak Towers • 719-632-1556  
1912 Eastlake Blvd.  
Serving Times: 12:00 - 12:30 | Weekdays

Silver Key Connections Café • 719-884-2304  
1655 S. Murray Blvd.  
Serving Times: 11:45—12:30 | Weekdays

Villa San Jose • 719-632-7444  
1810 South Corona  
Serving Times: 11:30 - 11:45 | Tues, Thurs & Fri

Villa Santa Maria • 719-632-7444  
405 St. Elmo  
Serving Times: 11:30 - 11:45 | Mon & Wed

## WEST

St. Andrews Episcopal Church • 719-685-9259  
103 Cañon Avenue  
Serving Times: 11:30 - 12:00 | Weekdays

Westside Community Center • 719-385-7920  
1628 W. Bijou Street  
Serving Times: 11:30 - 12:00 | Weekdays