



Reservation Form February 2020

Name: _____

Site: _____

Please be sure to make a reservation by calling **719-884-2300** or go to **www.silverkey.org/connections-cafe-reservations** by **2PM** the day before you expect to eat.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Stuffed Bell Pepper Baby Baker Potatoes Cauliflower Carrot Raisin Salad Spiced Peaches</p>	<p>4</p> <p>Salmon Burger w/ Lettuce & Tomato Cream of Mushroom Soup Broccoli Slaw Banana</p>	<p>5</p> <p>Lasagna Roll/ Marinara Broccoli WW Roll Tossed Salad w/ Rasp-berry Vinaigrette Tropical Fruit</p>	<p>6</p> <p>Chicken Mole Bahama Vegetable Blend Spanish Rice Black Bean Corn Salad Orange Carrot Cake w/ Cream Cheese Frosting</p>	<p>7</p> <p>BBQ Beef Sandwich Seasoned Pinto Beans Coleslaw Tropical Fruit</p>
<p>10</p> <p>Beef Tips Penne Pasta Brussel Sprouts 3 Bean Salad Applesauce</p>	<p>11</p> <p>Lemon Pepper Chicken Wild & Brown Rice Peas Beet & Onion Salad Orange</p>	<p>12</p> <p>BLT Sandwich Black Bean Lentil Soup Pasta Vegetable Salad Spiced Peaches</p>	<p>13</p> <p>Yankee Pot Roast w / Gravy Baked Potato Medley Maple Glazed Carrots Apple</p>	<p>14</p> <p>Cod Tuscany Baby Bakers Broccoli Banana High Fiber Cookie</p>
<p>17</p> <p>Closed for Presidents Day</p>	<p>18</p> <p>Chicken Carbonara Broccoli Green Bean Salad Spiced Peaches Oatmeal Raisin Cookie</p>	<p>19</p> <p>Hamburger w/ Lettuce, Tomato & Onion Carrots Coleslaw Diced Pear</p>	<p>20</p> <p>Roast Turkey w/ Gravy Mashed Potatoes California Vegetables WW Bread Apple</p>	<p>21</p> <p>Stuffed Pasta Shells w/ Meat Sauce Green Beans Carrot Raisin Salad Garlic Bread Stick Pear</p>
<p>24</p> <p>Chicken Tacos w/ sour Cream, Cheese & Salsa Southwestern Black Beans Orange</p>	<p>25</p> <p>Sweet & Sour Pork Jasmine Rice Asian Vegetables Applesauce High Fiber Cookie</p>	<p>26</p> <p>Beef Chili w/ Cheese Baked Potato w/ Sour Cream Tossed Salad w/ Chick Peas Orange</p>	<p>27</p> <p>Smothered Pork Chop w/ Onions and Peppers Mashed Potatoes Brussels Sprouts Tropical Fruit Salad High Fiber Cookie</p>	<p>28</p> <p>Manicotti Bahama Vegetables Sunflower Broccoli Salad Apple Raisin Nut Cup</p>
				<p>Milk is provided with every meal.</p> <p>Connections Café meals are partially funded by the Pikes Peak Area Agency on Aging.</p>  <p>Pikes Peak Area Council of Governments Communities Working Together</p>