


Please be sure to make a reservation by calling **719-884-2300** or go to www.silverkey.org/connections-cafe-reservations by **2PM** the day before you expect to eat.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Milk is provided with every meal.</p> <p>Connections Café meals are partially funded by the Pikes Peak Area Agency on Aging.</p>  <p>Pikes Peak Area Council of Governments Communities Working Together</p>				<p>1 Baked Ziti w/ Sausage & Marinara Bahama Vegetables Caesar Salad Orange Raisin Nut Cup</p>
<p>4 Chicken Fajitas w/ Pepper, Onion, Cheese, Sour Cream, Salsa Tortillas Spanish Rice SW Black Beans Peaches</p>	<p>5 Hamburger w/ Lettuce, Tomato & Onion Carrots Coleslaw Diced Pear</p>	<p>6 Pork Chow Mein Brown Rice Winter Blend Vegetables W/W Roll Pear</p>	<p>7 Honey Curry Chicken Wild & Brown Rice Peas & Carrots Broccoli Slaw Apple Spice Cake</p>	<p>8 Salmon w/ Lemon & Dill Roasted Sweet Potatoes Broccoli Banana W/W Choc. Chip M&M Cookie</p>
<p>11 Chicken Cordon Bleu Roasted Sweet Potatoes Mixed Vegetables W/W Roll Mandarin Orange</p>	<p>12 Turkey Salad Sandwich on Croissant Minestrone Soup Broccoli Sunflower Salad Apple</p>	<p>13 Pork Pot Roast w/ Onion Celery Carrots Potato Medley Caesar Salad Orange</p>	<p>14 Chicken Teriyaki Brown Rice Peas Asian Cabbage Slaw Apple</p>	<p>15 Beef Tacos w/ Lettuce, Tomato, Cheese, Sour Cream & Salsa Spiced Pinto Beans Applesauce</p>
<p>18 Cheese Ravioli w/ Marinara Bahama Vegetables Tossed Salad Peaches Raisin Nut Cup</p>	<p>19 Lemon Pepper Cod Brown Rice Pilaf Peas 3 Bean Salad Mandarin Orange</p>	<p>20 Ham Salad on WW Bread Cream of Mushroom Soup Spinach Mandarin Salad Strawberries</p>	<p>21 Chicken al a King Jasmine Rice Green Beans Carrot Raisin Salad Apple</p>	<p>22 Meatball Sub Vegetable Soup Cauliflower Orange</p>
<p>25 Memorial Day Hamburger w/ Lettuce, Tomato & Onion Carrots Coleslaw Diced Pear</p>	<p>26 Beef Bourguignon Mashed Potatoes Broccoli Roll Strawberries</p>	<p>27 BBQ Chicken Baked Potato Soup Peas & Carrots 3 Bean Salad Apple</p>	<p>28 Baked Ziti w/ Sausage & Marinara Bahama Vegetables Caesar Salad Orange Raisin Nut Cup</p>	<p>29 Pico Lime Cod Lemon Herb Rice Carrots Coleslaw Banana</p>