

# December 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 9-12: Open Computer Lab <b>10-11:</b> Coffee & Company w/Ardene <b>12:30-1:30:</b> Basic Computer Class <b>11:30-12:30</b> Grab and Go Meal <b>12:30-2:</b> Movie & Lunch (Romcom) <b>2:30-4:</b> Open Computer Lab <b>1-2: Cardio Drumming w/Don</b>	<b>2</b> 9:30-11:30: Beyond basic Computer class <b>10:30-11:30:</b> Guitar Lessons w/Joe <b>12:30-1:30:</b> Chess Lessons <b>11:30-12:30</b> Grab and Go Meal <b>1:30-3:30:</b> Chess W/Jerry <b>1-4:</b> Open Computer Lab	<b>3</b> 10-11: Bible Study W/Linda <b>11:30-12:30</b> Grab and Go Meals <b>12:30-2: BINGO</b> <b>12:30-1:30:</b> Basic Computer Class ( <b>Last day Of Class</b> ) <b>1:30-2:30:</b> Tech Assistance Hour <b>2-2:45:</b> Chair Yoga (Virtual Instructor) <b>1:30-4:</b> Open Computer Lab	<b>4</b> <b>10:30-11:30:</b> Guitar Lessons W/Joe (Apt Only) <b>11:30-12:30</b> Grab&Go Meals <b>12-1:</b> Mindful Meditation/ Breathing (Virtual Instructor) <b>1-4:</b> Open Computer Lab	<b>5</b> <b>9-1:</b> Open Computer Lab <b>11-12:</b> Chat Group W/ Stacy <b>11:30-12:30</b> Grab and Go Meals <b>1-2:</b> Arts & Crafts (Flower Arranging) <b>2-4:</b> Knit, Crochet & Connect
<b>8</b> 9-12: Open Computer Lab <b>10-12: Fitness At A Glance - Discussion w/ Instructors</b> <b>11:30-12:30</b> Grab and Go Meals <b>12:30-2:</b> Movie & Lunch (Si-fi) <b>11:30-12:30</b> Grab and Go Meal <b>1:30-2:30:</b> Shopping on Amazon Discussion w/ Kim <b>2:30-4:</b> Open Computer Lab	<b>9</b> 9:30-11:30: Beyond basic Computer class <b>10:30-11:30:</b> Guitar Lessons w/Joe <b>11:30-12:30</b> Grab and Go Meals <b>12:30-1:30:</b> Chess Lessons <b>11:30-12:30</b> Grab and Go Meal <b>1:30-3:30:</b> Chess W/Jerry <b>1-4:</b> Open Computer Lab	<b>10</b> 11:30-12:30 Grab&Go Meals <b>12:30-1:45 BINGO</b> <b>2-2:45:</b> Chair Yoga (Virtual Instructor) <b>1:30-2:30:</b> Tech Assistance Hour <b>9-4:</b> Open Computer Lab	<b>11</b> 9:30-10: Spanish class w Joe <b>10:30-11:30:</b> Guitar Lessons w/Joe (Apt Only) <b>11:30-12:30</b> Grab and Go Meals <b>12-1:</b> Mindful Meditation/ Breathing (Virtual Instructor) <b>1-4:</b> Open Computer Lab	<b>12</b> 9-1: Open Computer Lab <b>10-11:</b> Arts & Crafts (Beading & Jewelry) <b>11-12:</b> Chat Group w/ Stacy <b>11:30-12:30</b> Grab and Go Meals <b>12:00-2:30 Mini Manicures -</b> RSVP Required <b>1-2: Bunco</b> <b>2-4:</b> Knit, Crochet & Connect
<b>15</b> 9-12: Open Computer Lab <b>10-11:</b> Coffee & Company w/ Ardene <b>10-12: Cookie Decorating( RSVP Recommended)</b> <b>11:30-12:30</b> Grab and Go Meals <b>12:30-2:</b> Movie & Lunch ( Action) <b>1:30-2:30:</b> Gmail Tips and Tricks Discussion W/Kim <b>2:30-4:</b> Open Computer Lab	<b>16</b> 9:30-11:30: Beyond basic Computer class ( <b>Last Day Of Class</b> ) <b>10:30-11:30:</b> Guitar Lessons w/Joe <b>11:30-12:30</b> Grab and Go Meals <b>12:30-1:30:</b> Chess Lessons <b>1:30-3:30:</b> Chess W/Jerry <b>1-4</b> Open Computer Lab	<b>17</b> <b>11:30-12:30</b> Grab and Go Meals <b>12:30-1:45 Holiday BINGO</b> <b>2-2:45:</b> Chair Yoga (Virtual Instructor) <b>1:30-2:30:</b> Tech Assistance Hour <b>9-4:</b> Open Computer Lab	<b>18</b> 9:30-10: Spanish class w Joe <b>10:30-11:30:</b> Guitar Lessons w/Joe( Apt Only) <b>11:30-12:30</b> Grab and Go Meals <b>12-1:</b> Mindful Meditation/ Breathing (Virtual Instructor) <b>1-4:</b> Open Computer Lab	<b>19</b> 9-1: Open Computer Lab <b>10-11:</b> Arts & Crafts (Beading & Jewelry) <b>10-11: Tai Chi W Deb</b> <b>11-12:</b> Chat Group w/ Stacy <b>11:30-12:30</b> Grab and Go Meals <b>2-4:</b> Knit, Crochet & Connect
<b>22</b> 9-12: Open Computer Lab <b>10-11:</b> Coffee & Company w/ Ardene <b>11:30-12:30</b> Grab and Go Meals <b>12:30-2:</b> Movie & Lunch (Christmas Movie) <b>2:30:Zumba W/Goldee</b> <b>2:30-4:</b> Open Computer Lab	<b>23</b> 11:30-12:30 Grab & Go Meals <b>12:30-1:30:</b> Chess Lessons <b>10:30-11:30:</b> Guitar Lessons w/Joe <b>12:00-2:30 Holiday party (RSVP Recommended)</b> <b>1:30-3:30:</b> Chess W/Jerry <b>1-4</b> Open Computer Lab	<b>24</b> <b>SILVER KEY CLOSED</b>	<b>25</b> <b>SILVER KEY CLOSED</b>	<b>26</b> 9-1: Open Computer Lab <b>10-11:</b> Arts & Crafts (Holiday Craft) <b>11-12:</b> Chat Group w/ Stacy <b>11:30-12:30</b> Grab and Go Meals <b>2-4:</b> Knit, Crochet & Connect
<b>29</b> 9-12: Open Computer Lab <b>10-11:</b> Coffee & Company w/ Ardene <b>11:30-12:30</b> Grab and Go Meals <b>12:30-2:</b> Movie & Lunch (New years Movie) <b>2:30-4:</b> Open Computer Lab	<b>30</b> 10:30-11:30: Gift Swap ( <b>RSVP Recommended</b> ) *See details on pg 2 <b>10:30-11:30:</b> Guitar Lessons w/Joe <b>11:30-12:30</b> Grab and Go Meals <b>12:30-1:30:</b> Chess Lessons <b>1:30-3:30:</b> Chess W/Jerry <b>1-4:</b> Open Computer Lab	<b>31</b> <b>SILVER KEY CLOSED</b>	<b>FITNESS CLASS FEES:</b> <b>Virtual Instructor: FREE!</b> \$8 Drop-In \$50 Unlimited/Month <b>Call 719-884-2300 for SCHOLARSHIPS</b>	<b>1655 S. Murray Blvd</b> <b>Colorado Springs, CO 80916</b> <b>QUESTIONS?</b> <b>Call 719-884-2300</b> <b>Grab&amp;Go Meals Weekdays</b> <b>11:30-12:30</b> <b>\$6</b>

**Arts & Craft** - Second to Fourth Friday at 10:00. Unleash your creativity with guided or bring-your-own projects.

**Basic Computer Class w/ Steve** – 10-week course to build confidence and computer skills. Call 719-884-2300 to pre-register.

**Beyond Computer Basics w/ Spencer** – Build on your foundational skills and expand your computer confidence.

**Bible Study w/ Linda** – Non-denominational fellowship and reflection through scripture. All are welcome.

**BINGO** – Enjoy an afternoon of fun, friendly competition, and great prizes while meeting new people.

**BUNCO** – Try your luck and share laughs in this easy and entertaining dice game—bring a friend!

**Cardio Drumming w/ Don** – A fun, rhythmic workout combining drumming and movement—great for all fitness levels!

**Chair Yoga** – Wednesdays @ 2:00 – Gentle, full-body stretching from a chair—perfect for all fitness levels.

**Chair Yoga (AARP Virtual Instructor)** – Guided gentle stretching session via AARP's online instructor. Accessible and beneficial for all fitness levels.

**Chat group W/ Stacy** - Enjoy Good conversation w Stacy

**CHESS w/ Jerry** – Learn to play chess (Tuesdays 12:30–1:30) or spend the afternoon playing/practicing (Tuesdays 1:30–3:30).

**Coffee & Company w Ardene** – Mondays @ 10:00 – Start the week with great coffee, conversation and now games . Led by Ardene.

**Connection Cafe** – Daily @ 11:30 – Now at 1575 S. Murray Blvd. Enjoy a hot meal and friendly conversation. Call 719-884-2300 by 2 PM the day before to reserve a spot.

**Cookie Decorating** – 12/15/25. Get creative and decorate delicious holiday cookies **RSVP Recommended**. Call 719-884-2303

**Fitness At A Glance Discussion**– 12/8/25, 10:00 AM – 12:00 PM Join us for wellness demos, health info, and fun activities for all fitness levels.

**Gift Swap**-12/30/25. Bring a wrapped treasure from home (valued under \$10) to surprise a fellow participant! Enjoy laughter, good company, and fun finds. Gifts available if needed. **RSVP**

**Recommended** Call 719-884-2303.

**Grab and Go Meals** - Weekdays, 11:30-12:30. Grab a premade, frozen meal, to eat at activity center, or take home. \$3 and \$6 meals available.

**Guitar Lessons w/ Joe** – Learn to play or improve your guitar skills with patient, step-by-step instruction from Joe.

**Holiday Party** - 12/23/25 Come together & enjoy live music, sip cocoa, eat desserts, socialize, sing carols, and prize raffles. **RSVP**

**Recommended**. Call 719-884-2303

**Knit, Crochet & Connect** – Bring your needles, hooks, and yarn—this social club welcomes all who love all types of needle work.

**Mindful Meditation & Breathing (Virtual Instructor)** – Practice relaxation and inner calm with guided meditation and breathing exercises.

**Mini Manicures** - 12/12/25, 12-2:30. Treat yourself to a quick pampering! Get your nails painted, shaped, and buffed for a polished look. **\$3 Donation Recommended (not required)**. **RSVP Required**. Call 884-2303

**Movie & Lunch – Mondays @ 12:30** – Come enjoy a movie on the big screen, bring your own lunch. Popcorn is provided.

**Open Computer Lab** – Practice your computer skills and access the internet. Select computer workshops available. Call 719-884-2300 for more info.

**Spanish Class w/ Joe – 9:00–10:00**

Learn and practice Spanish in a fun, relaxed setting with patient, step-by-step instruction.

**Tai Chi w/ Deb** – Move, breathe, and flow through gentle, slow movements for balance, flexibility, and peace of mind.

**ZUMBA w/ Goldee** – A high-energy workout blending Latin-inspired moves with fun, upbeat music to keep you moving and smiling!