December 2026

Murray Activity Center
1655 S. Murray Blvd, Colorado Springs

Silver Key™ Activity Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Murray Activity Center Hours: **Mon-Fri: 9am-4pm** **Fitness Class Fees:** **$8 Drop-In/$50 Unlimited/Month** **Scholarships Available**	**1** **9:30-10:30:** Spanish **10:30-11:30**: Guitar - Instructor Led **12-1:30:** German **1-3pm:** Board Games w/ Scott **1:30-3:30:** Chess **1-4:** Open Computer Lab	**2** **10-11:** Bible Study w/ Don **11-4:** Open Computer Lab **1-2**: Bingo **2:15-3:00:** **Chair Yoga w/Goldee**	**3** **9-10**: Coffee and Trivia **10-11:** Wii Games **11-12**: Card Making w/ Zuleyka **1:30-4:** Games: Swooble **1-4:** Open Computer Lab **2-3**: **Zumba w/ Goldee**	**4** **9-12:** Open Computer Lab **10-11**: Arts & Crafts - Flower arranging w/ Kathleen **12-1:** Chat Group **1-2:** **Tai Chi w/ Deb** **1-4**: Open Computer Lab **2-4**: Knit, Crochet & Connect
7 **10-11**: **Bible Study w/ Scott *NEW*** **11-12:** **Cardio Drumming w/ Karen** **12-1:** Tech Assistance Hour **12:30-2:** Movie & Lunch- Becoming Santa **1-4**: Open Computer Lab **1:30-2:30:** Ping Pong	**8** **9:30-10:30:** Spanish **10-11: Life Collage Group 1 (RSVP)** **10:30-11:30**: Guitar- Instructor Led **12-1:30:** German **1-3pm:** Board Games w/ Scott **1:30-3:30:** Chess **1-4:** Open Computer Lab	**9** **10-11:** Bible Study w/ Don **11-4:** Open Computer Lab **10-11: Older Adult Driver Support (RSVP)** **1-2**: Bingo **2:15-3:00:** **Chair Yoga w/Goldee**	**10** **9-10:** Coffee and Trivia **10-11:** Wii Games **1-2**: **Living with Vision Loss Discussion Group** **1:30-4:** Games: Player's Choice **1-4:** Open Computer Lab **2-3:** **Zumba w/ Goldee**	**11** **9-12:** Open Computer Lab **10-11:** Arts & Crafts - Gift Bag Decorating w/ Lana **12-1:** Chat Group **1-2:** **Tai Chi w/ Deb** **1-4:** Open Computer Lab **2-4:** Knit, Crochet & Connect
14 **10-11: Bible Study w/ Scott** **11-12:** **Cardio Drumming w/ Karen** **12-1:** Tech Assistance Hour **12:30-2:** Movie & Lunch - Best Christmas Pageant Ever **1-2 :Open Mic Hour w/ Albert** **1-4:** Open Computer Lab **1:30-2:30:** Ping Pong	**15** **9:30-10:30:** Spanish **10-11:** Life Collage Group 2 **10:30-11:30:** Guitar- No Instructor **12-1:30:** German **1-3pm:** Board Games w/ Scott **1:30-3:30**: Chess **1-4:** Open Computer Lab	**16** **11-4:** Open Computer Lab **10-11:** Bible Study w/ Don **1-2:** Bingo **2:15-3:00:** **Chair Yoga w/ Goldee**	**17** **9-10:** Coffee and Trivia **10-11:** Wii Games **1:30-4:** Games: Seasonal Games with Prizes! **1-4:** Open Computer Lab **2-3:** **Zumba w/ Goldee**	**18** **9-12:** Open Computer Lab **10-11**: Arts & Crafts - Ornaments w/ Grant **11:30-1:00: Holiday Potluck** **12-1:** Chat Group **1-2:** **Tai Chi w/ Deb** **1-4:** Open Computer Lab **2-4:** Knit, Crochet & Connect
21 **10-11: Bible Study w/ Scott** **11-12:** **Cardio Drumming w/Karen** **12-1:** Tech Assistance Hour **12:30-2:** Movie & Lunch- A Castle for Christmas **1-4:** Open Computer Lab **1:30-2:30:** Ping Pong	**22** **9:30-10:30:** Spanish **10-11:** Life Collage Group 3 **10:30-11:30:** Guitar - Instructor Led **12-1:30:** German **1-3pm:** Board Games w/ Scott **1:30-3:30**: Chess **1-4:** Open Computer Lab	**23** **10-11:** Bible Study w/ Don **11-4:** Open Computer Lab **1-2:** Bingo **2:15-3:00:** **Chair Yoga w/ Goldee**	**24** Happy Holidays! **Silver Key Closed** **12/24 & 12/25**	**25** 
28 **10-11: Bible Study w/ Scott** **11-12:** **Cardio Drumming w/Karen** **12-1:** Tech Assistance Hour **12:30-2:** Movie & Lunch- Mrs. Harris Goes to Paris **1-2: Open Mic Hour w/ Albert** **1-4:** Open Computer Lab **1:30-2:30:** Ping Pong	**29** **9:30-10:30:** Spanish **10-11:** Life Collage Group 4 **10:30-11:30:** Guitar - Instructor Led **12-1:30:** German **1-3pm:** Board Games w/ Scott **1:30-3:30**: Chess **1-4:** Open Computer Lab	**30** **10-11:** Bible Study w/ Don **11-4:** Open Computer Lab **1-2:** Bingo **2:15-3:00:** **Chair Yoga w/ Goldee**	**31** Happy New Year **Silver Key Closed** **12/31 & 1/1**	**Grab and Go meals $6 each meal - come see our selection 11:30-12:30 daily** **Some classes require RSVP call 719-884-2303**

Murray Activity Center
December 2026

🎲 Games, Learning & Social

- Bible Study – Non-denominational fellowship and scripture discussion. All are welcome. Some classes are self-led. Meet Scott on Monday or Don on Wed!
- BINGO – Enjoy regular and White Elephant Bingo with prizes, fun, and friendly competition. White Elephant day, bring a lightly used item from home to share!
- Board Games - Join Scott for games like Ticket to Ride or Settlers of Catan.
- Chat Group with Glenn – Join us for conversation, laughter, and new friendships.
- Chess - Practice and enjoy a game of chess with others.
- Coffee & Trivia – Test your knowledge while enjoying coffee and conversation.
- Games - Join Kim for games like Mexican Train Dominoes, Scrabble, Yahtzee, etc.
- German - Learn and practice conversational German- Instructor Led
- Living with Vision Loss Discussion Group - 2nd Thursdays - Join Jeanette from iSight Connections in a discussion on how to live independently and thrive in daily life while living with blindness or low vision.
- Movie and Lunch – Watch a movie on the big screen and bring your own lunch.
- Ping Pong – Enjoy table tennis for exercise, fun, and friendly competition.
- Wii Games – Stay active while enjoying motion-controlled games with friends.
- Spanish Class – Learn and practice conversational Spanish in a relaxed setting
- Vision Loss Discussion Group - 2nd and 4th Fridays - Join Twinkle for a supportive discussion about vision loss and exchange helpful tips to maintain independence.

💻 Technology Classes

- Open Computer Lab – Practice computer skills and access the internet.
- Tech Assistance Hour – Bring your personal tech questions for one-on-one assistance with Steve.

☕ Daily Services

- Connections Café – Lunch served daily at 11:30 a.m. Reserve by 2:00 p.m. the day before by calling 719-884-2300.
- Grab & Go Meals – $6 each – Stop by and choose a tasty frozen meal from our selection. Available daily from 11:30 a.m.–12:30 p.m. in the Sinclair Activity Room.

❓ Questions?

Need more information or want to RSVP for a class or event? We're happy to help!

Some fitness or enrichment activities have a fee. Ask about our scholarship program.

📞 Call: 719-884-2303

🌟 Featured Events

- ***NEW* Bible Study** on Mondays with Scott. Wednesdays with Don. Call for more info.
- **Life Collage Group: Beginning Dec 8 at 10:00am** - Over this 5-week class, the Life Collage Group will reflect on their life through creative expression, meaningful conversation, and collage-making. **RSVP**
- **Living with Vision Loss Discussion Group: 2nd Thursdays 1:00pm** - Join Jeanette from iSight Connections in a discussion on how to live independently and thrive in daily life.
- **Open Mic Hour with Albert** -Twice a month come join us for music, singing, and fun!
- **Older Adult Driving Support**: **Wed, Dec 9, 10:00am**- Join us for ThinkFirst For Life! an engaging presentation that helps older adults stay safe and confident on the road by learning how aging, medications, vehicle features, and self-awareness can impact driving. **RSVP**
- **Vision Loss Discussion Group**: **First Fridays, 12:00pm** - Join Twinkle for a supportive discussion about vision loss and exchange helpful tips to maintain independence.

🎨 Arts & Creative Hobbies

- Arts & Crafts – Create guided or bring-your-own projects with instructors Grant and Lana.
- Guitar – Join our new instructor, Kevin, whether you're brand new to guitar or returning after some time off, everyone is welcome!
- Intro to Sewing with Linda – Bring your sewing machine and learn sewing basics. **(RSVP)**.
- Knit, Crochet & Connect – Enjoy knitting, crocheting, and other needlework with fellow crafters.

❤️ Fitness & Wellness

- Cardio Drumming – A fun, rhythmic workout for all fitness levels **$8*.**
- Chair Yoga with Goldee – Gentle stretching and movement to improve flexibility and relaxation **$8*.**
- Tai Chi with Deb – Slow, gentle movements that improve balance, flexibility, and well-being **$8*.**
- ***NEW*** Zumba Gold with Goldee - a modified dance-fitness program that keeps the fun but adapts the movements to be more accessible. **$8*.**

Most Fitness Classes $8/class or $50/mo unlimited - *Scholarships Available

Renew Active® through Optum is available at our Activity Center!

Eligible members can enjoy fitness activities at no cost.

Check your benefits and stop by to experience our fitness classes!

www.silverkey.org

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