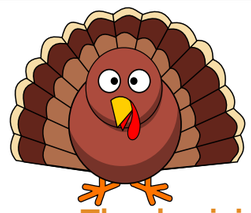
November 2026

Murray Activity Center
1655 S. Murray Blvd, Colorado Springs

Silver Key™ Activity Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **10-11:** Bible Study w/ Scott **11-12:** **Cardio Drumming w/ Karen** **12-1:** Tech Assistance Hour **12:30-1:30:** Women Partnering (Closed) **12:30-2:** Movie & Lunch-*Ordinary Angels* **1:30-2:30:** Ping Pong **2-4: Open Mic Hour w/ Al** **1-4:** Open Computer Lab	**3** **9:30-11:30:** Beyond Basics Computer **9:30-10:30:** Spanish **10:30-11:30**: Guitar **12-1:30:** German **12:30-3:30:** Chess Lessons/Chess **1-3pm:** Board Games w/ Scott **1-4:** Open Computer Lab **2-4pm**: Ruth Holley Fiber Arts Group	**4** **10-11:** Bible Study **1-2**: Bingo **1-4:** Open Computer Lab **2:15-3:00:** **Chair Yoga w/Goldee**	**5** **9-10**: Coffee and Trivia **10-11:** Wii Games **11-12:30:** Meals & Mingle Walking **1-1:30pm:** Puzzle Swap **1:30-4:** Games: Yahtzee **1-4:** Open Computer Lab	**6** **10-11**: Arts & Crafts - Self-Led Flower arranging **12-1:** Chat Group **12-1**: **Vision Loss Discussion Group- Holiday Challenges** **1-2:** **Tai Chi w/ Deb** **1-4**: Open Computer Lab **2-4**: Knit, Crochet & Connect
9 **10-11:** Bible Study w/ Scott **11-12:** **Cardio Drumming w/ Karen** **12-1:** Tech Assistance Hour **12:30-2:** Movie & Lunch - *The Art of Racing in the Rain* **1:30-2:30:** Ping Pong **1-4:** Open Computer Lab	**10** **9:30-11:30:** Beyond Basics Computer **9:30-10:30:** Spanish **10:30-11:30**: Guitar **12-1:30:** German **12:30-3:30:** Chess Lessons/Chess **1-3pm:** Board Games w/ Scott **1-4:** Open Computer Lab	**11** **9-10:30: Veteran's Coffee & Donuts** **10-11:** Bible Study **10-11:30:** D2L: Recognizing & Recording Harm to Keep Children Safe **1-2**: **White Elephant Bingo** **1-4:** Open Computer Lab **2:15-3:00:** **Chair Yoga w/Goldee** **Veteran's Day**	**12** **9-10:** Coffee and Trivia **10-11:** Wii Games **11-12:30:** Meals & Mingle Walking **1-2: Living with Low Vision Discussion Group** **1:30-4:** Games: Bunco **1-4:** Open Computer Lab	**13** **10-11:** Arts & Crafts - Card Making w/ Lana **12-1:** Chat Group **1-2: Tai Chi w/ Deb** **1-4:** Open Computer Lab **2-4:** Knit, Crochet & Connect
16 **10-11:** Bible Study w/ Scott **11-12:** **Cardio Drumming w/ Karen** **12-1:** Tech Assistance Hour **12:30-1:30:** Women Partnering (Closed) **12:30-2:** Movie & Lunch -*Sleepless in Seattle* **1:30-2:30:** Ping Pong **2-4**: **Open Mic Hour w/ Al** **1-4:** Open Computer Lab	**17** **9:30-11:30:** Beyond Basics Computer **9:30-10:30:** Spanish **10:30-11:30:** Guitar **12-1:30:** German **12:30-3:30:** Chess Lessons/Chess **1-3pm:** Board Games w/ Scott **1-4:** Open Computer Lab	**18** **10-11:** Bible Study **1-2:** Bingo **1-4:** Open Computer Lab **2:15-3:00:** **Chair Yoga w/ Goldee**	**19** **9-10:** Coffee and Trivia **10-11:** Wii Games **11-12:30:** Meals & Mingle Walking **11:30-1:** **Friendsgiving Potluck** **1:30-4:** Games: Rumikub **1-4:** Open Computer Lab	**20** **10-11**: Arts & Crafts - Autumn Mosaics w/ Grant **12-1:** Chat Group **1-2:** **Tai Chi w/ Deb** **1-4:** Open Computer Lab **2-4:** Knit, Crochet & Connect
23 **10-11:** Bible Study w/ Scott **11-12:** **Cardio Drumming w/Karen** **12-1:** Tech Assistance Hour **12:30-2:** Movie & Lunch- *Tortilla Soup* **1:30-2:30:** Ping Pong **1-4:** Open Computer Lab	**24** **9:30-11:30:** Beyond Basics Computer **9:30-10:30:** Spanish **10:30-11:30:** Guitar **12-1:30:** German **12:30-3:30:** Chess Lessons/Chess **1-2**: **Irish Pub Music w/ Al** **1-3pm:** Board Games w/ Scott **1-4:** Open Computer Lab	**25** **10-11:** Bible Study **1-2:** Bingo **1-4:** Open Computer Lab **2:15-3:00:** **Chair Yoga w/ Goldee**	**26**  **Happy Thanksgiving!** **Silver Key Closed**	**27** **Silver Key Closed**
30 **10-11:** Bible Study w/ Scott **11-12:** **Cardio Drumming w/Karen** **12-1:** Tech Assistance Hour **12:30-2:** Movie & Lunch- *The Great Outdoors* **1:30-2:30:** Ping Pong **1-4:** Open Computer Lab	**Renew Active® through Optum** fitness at no cost for eligible members. ***Scholarships Available** 719-884-2303	**Grab and Go meals $6 each meal - come see our selection 11:30-12:30 daily** **Some classes require RSVP call 719-884-2303**	**Murray Activity Center Hours: Mon-Fri: 9am-4pm** **Fitness Class Fees: $8 Drop-In/$50 Unlimited/Month**	

🎲 Games, Learning & Social

- Bible Study – Non-denominational fellowship and scripture discussion. All are welcome. Some classes are self-led.
- BINGO – Enjoy regular and White Elephant Bingo with prizes, fun, and friendly competition. **White Elephant Day, bring a lightly used item from home to share!**
- Board Games - Join Scott for games like Ticket to Ride or Settlers of Catan.
- Chat Group with Glenn – Join us for conversation, laughter, and new friendships.
- Chess - Practice and enjoy a game of chess with others.
- Coffee & Trivia – Test your knowledge while enjoying coffee and conversation.
- Games - Join Kim for games like Mexican Train Dominoes or Scrabble.
- German - Learn and practice conversational German- Instructor Led.
- Living with Vision Loss Discussion Group - 2nd Thursdays - Join Jeanette from iSight Connections in a discussion on how to live independently and thrive in daily life while living with blindness or low vision.
- Movie and Lunch – Watch a movie on the big screen and bring your own lunch.
- Open Mic Hour - Join us for Open Mic - Now's your time to shine!
- Ping Pong – Enjoy table tennis for exercise, fun, and friendly competition.
- Wii Games – Stay active while enjoying motion-controlled games with friends.
- Spanish Class – Learn and practice conversational Spanish in a relaxed setting
- Vision Loss Discussion Group - Join Twinkle for a supportive discussion about vision loss and exchange helpful tips to maintain independence.

💻 Technology Classes

- Beyond Basic Computer Class – This 10-week, PC-based course builds on basic computer skills. Prerequisites include an active email address, basic internet skills, and comfort downloading apps; a Gmail account is recommended. (RSVP)
- Open Computer Lab – Practice computer skills and access the internet.
- Tech Assistance Hour – Bring your personal tech questions for one-on-one assistance with Steve.

☕ Daily Services

- Connections Café – Lunch served daily at 11:30 a.m. Reserve by 2:00 p.m. the day before by calling 719-884-2300.
- Grab & Go Meals – $6 each – Stop by and choose a tasty frozen meal from our selection. Available daily from 11:30 a.m.–12:30 p.m. in the Sinclair Activity Room.

❓ Questions?

Need more information or want to RSVP for a class or event? We're happy to help!

Some fitness or enrichment activities have a fee. Ask about our scholarship program.

📞 Call: 719-884-2303

Silver Key™ Activity Center

Activity Calendar
November 2026

🌟 Featured Events

- **D2L: Recognizing & Recording Harm to Keep Children Safe - Wed Nov 11, 10-11:30am** - This training will help you recognize, understand, respond to, and report suspected child abuse and neglect.
- **Friendsgiving Potluck** - **Thursday, Nov 19, 11:30-1:00pm -**Join us for a festive Friendsgiving potluck as we take a moment to be grateful for good food and wonderful Silver Key friends!
- **Irish Pub Music Hour w/ Al** - **Tuesday, Nov 24, 1:00-2:00pm** - Join Al and his son for a an hour of fun Irish Pub Music, come to listen or join in the singing!
- **Living with Vision Loss Discussion Group - 2nd Thursdays** - Join Jeanette from iSight Connections in a discussion on how to live independently and thrive in daily life.
- **Veteran's Day Coffee & Donuts - Wed Nov 11, 9-10:30am** - Join us for coffee and donuts as we honor and celebrate our veterans!
- **Vision Loss Discussion Group -Friday, Nov 6, 12-1pm** - Join Twinkle for a supportive discussion about vision loss and exchange helpful tips to maintain independence.

🎨 Arts & Creative Hobbies

- Arts & Crafts – Create guided or bring-your-own projects with instructors Grant and Lana.
- Guitar – Join us for a student led acoustic jam session
- Intro to Sewing with Linda – Bring your sewing machine and learn sewing basics. (RSVP).
- Knit, Crochet & Connect – Enjoy knitting, crocheting, and other needlework with fellow crafters.

❤️ Fitness & Wellness

- Cardio Drumming – A fun, rhythmic workout for all fitness levels **$8*.**
- Chair Yoga with Goldee – Gentle stretching and movement to improve flexibility and relaxation **$8*.**
- Meals and Mingle Walking – Enjoy a casual walk, lunch at the Connections Café, and good conversation - **No fee!**
- Tai Chi with Deb – Slow, gentle movements that improve balance, flexibility, and well-being **$8*.**

Most Fitness Classes $8/class or $50/mo unlimited - *Scholarships Available

Renew Active® through Optum is available at our Activity Center!
Eligible members can enjoy fitness activities at no cost.
Check your benefits and stop by to experience our fitness classes!

www.silverkey.org

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