

Knowing It's Time to Move Closer to Home for an Aging Loved One

As your loved ones age, their needs can [become more complex](#). A previously independent senior may require more assistance with daily living tasks, or their home may need to be adapted to suit their current needs. While living a few hours away might not have been a problem in the past, there are signs you can look for before deciding whether you should move closer to your aging family member.

When to Consider Moving

Seniors may not always admit to needing an extra hand. If you're not sure whether your older parent needs help, [some of these things](#) could be an indicator they do.

- **Less mobility.** If your parent seems to not be as quick on their feet as they used to be or is neglecting errands, it could be a sign of concern.
- **Self-care neglect.** If you notice your older loved one's personal hygiene is starting to suffer, they may need help with daily grooming tasks. Signs include dirty clothes, matted hair, and a lack of concern for appearance.
- **Ability to drive.** Sometimes eyesight can start failing your family member as they age, and it may not be safe for them to continue driving. In that case, they may need alternative transportation arrangements.

Making the Moving Process Stress-Free

After deciding that moving to Colorado Springs is necessary, think about what this means for your life. You may need to find new [employment opportunities](#), so you may have to improve your resume. You may also need to think about putting your current house on the market while house hunting in your new area. Plan the process with [as much detail as possible](#) before calling the moving van.

Assessing Whether Your Senior Loved One's Home Is Still Suitable

It's only natural that your older relative may want to maintain their independence and continue aging in the comfort of their own home. Fortunately, there are [home improvement professionals](#) that can help maintain and adapt their house.

- **Install mobility aids.** You can hire a contractor to add a disability ramp, an in-house elevator, or a walk-in bathtub to help prevent dangerous falls.
- **Gutter cleaning services.** Ensuring the home's gutters get cleared a couple of times a year can save money long-term on repairs. Companies offering this service can assess the job and advise about when you need to invest in replacements and repairs. The typical rate for this service is \$106 to \$167, but bigger jobs can go up to around \$350. Use a platform like [Angi](#) to find well-reviewed contractors.
- **In-home caregivers.** [Home care providers](#) can assist your loved one with tasks such as housekeeping, cooking, and even bathing and dressing.

Being Closer to Senior Family Members

Leaving the nest is a natural part of life, but moving closer to home at some point to help an older family member may become necessary. Plan your relocation details while being prepared to hire professional services to ensure your loved one's needs are met.

Visit [Silver Key Health & Wellness Services](#) for more information on local services available for seniors.