

## Be Grateful

BE GIVING



## Help Provide a Full Thanksgiving Meal to Seniors in Need!

For over 25 years, Silver Key has invited the community to help make the holidays special for the seniors we serve by participating in our annual Bountiful Bags Thanksgiving Food Drive. Bountiful Bags helps fight food insecurity among senior citizens in the Pikes Peak region by providing a senior and their family with a "Bountiful Bag" that includes all the trimmings for a memorable Thanksgiving meal.

This year alone, nearly 1,300 seniors utilized the Silver Key food pantry for their food source EVERY month. Our goal is to fill 1,300 bags for this year's Bountiful Bags Thanksgiving Food Drive, and we need your help! It takes \$25 to provide a Bountiful Bag to a senior in need. Please consider making a contribution towards our Bountiful Bags campaign to help seniors and their families remain healthy and happy, with the opportunity to experience a joyful and memorable Thanksgiving holiday.

You can help us reach our goal of providing a full Thanksgiving meal to 1,300 of our older adult neighbors in need. Food donations can be dropped off between October 1st-November 1st during designated hours at specific sites listed on our website silverkey.org/bountifulbags.





How can I be part of the Bountiful Bags Thanksgiving Food Drive

Donate-use the enclosed envelope or visit silverkey.org/donate

 Shop for food items for Bountiful Bags during the month of October

 Host a food drive with church, family or school-find our toolkit online at silverkey.org/bountifulbags

 Share Bountiful Bags Thanksgiving Food Drive on social media @SilverKeySeniorServices GOAL 1300

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## Food Insecurities Among the Senior Community Rise Due to Inflation

It may surprise you to know that 1 in 10 seniors in Colorado does not know when or where they will get their next meal. Additionally, seniors are most adversely affected by poor nutrition because food truly is as powerful as medicine for many health conditions they face. Silver Key has been serving on the front lines of the senior food insecurity crisis for the past 52 years. However, rising operational costs stemming from higher fuel prices, food costs, utility costs, and other inflationary factors are driving more and more seniors to reach out for assistance through our Meals on Wheels nutrition services and the Silver Key Food Pantry. You can help ensure no senior will be turned away and help Silver Key win the food insecurity battle.

Your donation also tells local seniors you see them and you care, so give bountifully to make sure every senior in need feels your care and support!



## How can your donations help with food insecurity?

\$25

Provides **1**bountiful bag
thanksgiving meal
to a senior in need

\$50

Provides **5** delicious, nutritious meals

(MEALS ... WHEELS ... )

\$125

Provides **5**bountiful bags
thanksgiving meals
for seniors in need

\$250

Supports **5** clients for **1 month** at the Food Pantry

\$500

Provides **50** delicious, nutritious meals

(MEALS ... WHEELS ... )

To donate to Bountiful Bags today scan the QR code or visit our website at silverkey.org/bountifulbags