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# ANNUAL REPORT

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# 2022/23

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# A WORD FROM

**OUR CEO** 

Dear stakeholders, members, and advocates of Silver Key Senior Services,

Please accept this invitation to review the milestones and related information for Silver Key Senior Services for the year 2022-2023. The annual report is a testament to our unwavering commitment to serving seniors in our community with dignity, compassion, and innovation.

Our journey this year has been marked by significant achievements and impactful collaborations. We have received the approval to expand our footprint in senior care, adding 13 apartments for senior veterans and 37 units of affordable housing, thanks to the generous support of various organizations and community partners. Additionally, we have provided crucial home modifications to enhance the independence of seniors.

By instilling hope, we not only improve the well-being of seniors, but also reduce the strain on emergency services and save taxpayer dollars.

Furthermore, we have welcomed Mountain Community Senior Services into our organization, enriching our service offerings and extending our reach to more seniors in need. We relocated from a trailer provided by Lewis-Palmer School District 38 to Grace



Best Elementary School, a larger district 38 facility, and expanded resources for caregiver care and companionship.

Central to our mission is the belief in treating seniors with respect and dignity. We have taken steps to protect our brand and identity, ensuring that the name "Silver Key" remains synonymous with quality care and support for seniors. Our social enterprise work through thrift stores aligns seamlessly with our mission, providing essential resources while supporting sustainability.

Moreover, our commitment to measuring and enhancing hope among older adults has yielded tangible results, demonstrating the value of our programs to taxpayers and the community at large. By instilling hope, we not only improve the well-being of seniors but also reduce the strain on emergency services and save taxpayer dollars.

As we continue our work, we invite you to join us in supporting our cause through

volunteering, advocacy, and donations. Together, we can build a brighter future for seniors in our community.

Thank you for your unwavering support and dedication to Silver Key Senior Services.

Sincerely,

Jason DeaBueno
President and CEO
Silver Key Senior Services

We are embarking on a move from the fringe of healthcare into the fabric of healthcare.

# SHOUND BY SHOULD BE SHOWN THE SHOWN

A year of Covid recovery

Gotten back to our usual functions after all the restrictions and regulations of the past few years.

 Independent review of the impact of the Hope Scale

See page 9 for more information.

Expanded our intern program

Added 2 new university partners. Increasing our intern participation from 31 students to 52 students in areas of graphic design, culinary, nursing, social work, counseling, medical, and divinity support.

Welcomed veteran experts to our team

Not only supporting our veteran workforce but also strengthening Silver Key's core competencies in supporting our senior veterans.

Relocated the Tri-Lakes Senior Center

Expanded socialization opportunities for our seniors.

Created a campus of care

Welcomed new non-profits to our Murray campus to help us support our seniors.



# OUR MISSION

To serve in partnership with our stakeholders to support a healthy quality of life for seniors, allowing them to age safely with dignity and independence.

## OUR VISION

The value, worth and needs of all seniors are identified and honored.

# BOARD OF DIRECTORS

#### **Operations Board**

Chair **Dick Wilhelm**Vice Chair **Laura Kronick** 

Shahera Shalabi Lt. Steve Noblitt Dave Bunkers
Cari Karns
Beatriz Arsuaga
Lauren Burrus

#### **Foundation Board**

Chair **David Lord**Vice Chair **Cindy Johnson** 

Cari Karns Steve Hunsinger

Skip Morgan

Greg Broeckelman Lynne Jones Jason DeaBueno Dave Bunkers

#### **Silver Key Apartments**

Chair **Jason DeaBueno** Vice Chair **David Lord** 

Carla Hartsell

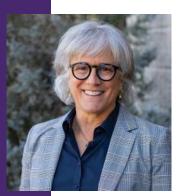
Dave Bunkers Valerie Anders Steve Hunsinger

Jason DeaBueno President & CEO





Valerie Anders Chief Financial Officer



**Dr. Robin Johnson**Chief Health Operations Officer



Jaime McMullen Garcia Chief Development Officer



Laurie Z. Wood Chief Grants & Compliance Officer



**Cindy Carvell**Director of Community
Based Services



Massine Davis Director of Information Technology



Joanne Dreher Executive Assistant



**Annie Hewitt** Director of Coordinated Care



**Jayme Holligan**Director of Volunteers, Events, and Community Engagement



**Colleen Pearl** Director of Accounting



**Aaron Simeraro**Director of Transportation



Adrienne Timmons
Director of Health Integration
& Strategy



**Brieana Weaver** Retail Sales Director





up to

unique members served every year.

3,791 of member service. hours

**29,215** of food provided. 1,344,308 lbs of food. boxes

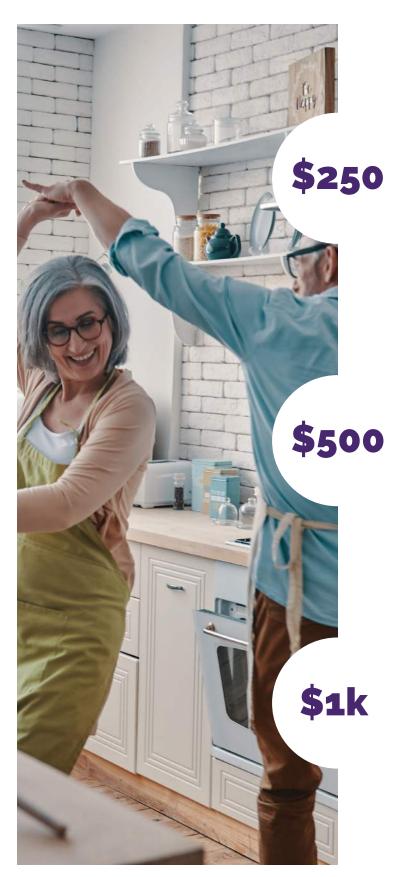
30,867 including over 500 home deliveries of food commodities. rides

55,120 of volunteer support. hours

more than

dedicated volunteers.

### **DONOR IMPACT**



#### provides:

- 25 meals (Home Delivered Meals, Meals on Wheels, or Connections Cafe)
- 5 seniors with food for 1 month
- 7 rides to medical appointments, the grocery store, or social activities

#### provides:

- 3 seniors with 3hrs of one-onone resource navigation
- 1 senior with Emergency Assistance (one-time support with rent, medical expenses, or safety related home repairs)
- 2 seniors with utility assistance

#### provides:

- 6 seniors with 3hrs each of Housing Navigation
- 29 rides to medical appointments, the grocery store, or social activities
- 111 meals (Home Delivered Meals, Meals on Wheels, or Connections Cafe)



A Comprehensive Senior Assistance Program (CSAP)

Amidst healthcare access challenges for older residents and strain on emergency medical services (EMS), the Next50 Initiative funded a transformative effort: the Community Seniors Assistance Program (CSAP). This initiative, a partnership between Silver Key Senior Services, The Colorado Springs Fire Department, NAMI, and Innovations in Aging, aims to address unmet healthcare needs and reduce overreliance on EMS.

Many seniors face barriers in accessing healthcare due to limited awareness of available resources, leading to frequent 911 calls and emergency department visits. This not only strains the system but also burdens taxpayers. Recognizing this, the Next50 Initiative provided funding for CSAP to bridge these gaps.

The Hope Report, generated from the data collected through Hope Scale assessments, revealed a significant improvement in hope scores among seniors following their involvement with Silver Key. Through such collaborative efforts, we envision a future where all seniors can age with dignity, security, and hope.

**601** total seniors served

580
of those seniors
were members of
Silver Key

with a potential of \$23.5 million

saved per year for the county

#### **FOSTERING HOPE**

#### A Collaborative Approach for Senior Well-being

Introduction: In a unique collaboration between the Colorado Springs Fire Department, NAMI, Innovations in Aging, and Silver Key, a profound exploration into the essence of hope among seniors was undertaken. Through the administration of the Adult Hope Scale—a validated tool for measuring hope—insights were gained into the impact of community engagement on the hope levels of seniors under Silver Key's care.

**Understanding Hope**: Hope, an intangible yet powerful force, shapes our perception of the future. It encompasses optimism, resilience, and the belief in the possibility of positive outcomes. Research has shown that hope not only influences psychological well-being but also has tangible effects on physical health. Studies cited by Harvard.edu indicate that hopeful individuals may experience longer lifespans and reduced risks of chronic conditions, underscoring the significance of hope in promoting overall wellness.

The Hope Scale Initiative: Silver Key's initiative involved administering the Adult Hope Scale to senior clients at various intervals, both upon initial connection and throughout their engagement with Silver Key's services. Developed by Snyder et al. (1991), this scale provides a reliable measure of hope, allowing for a quantitative assessment of hope levels.

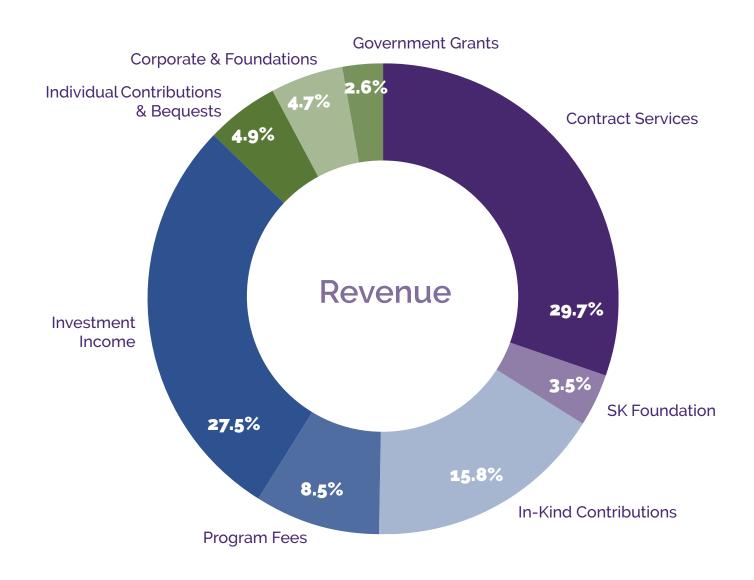
Findings and Impact: The Hope Report, generated from the data collected through the Hope Scale assessments, revealed a significant improvement in hope scores among seniors following their involvement with Silver Key. This outcome underscores the transformative potential of community support and meaningful connections in nurturing hope among vulnerable populations.

Hope in Healthcare: In the realm of healthcare, hope takes on a profound significance. It represents the belief that the future holds the promise of reduced suffering, enhanced healing, and overall well-being. As highlighted by Mylod (2023), fostering hope is not merely an abstract concept but a fundamental aspect of compassionate care that can positively influence health outcomes and quality of life.

We need to acknowledge that hope doesn't always come from within. It can come from the way others support and communicate with us - how they help find and adhere to the path toward healing.

Deirdre Mylod, PhD April 2023

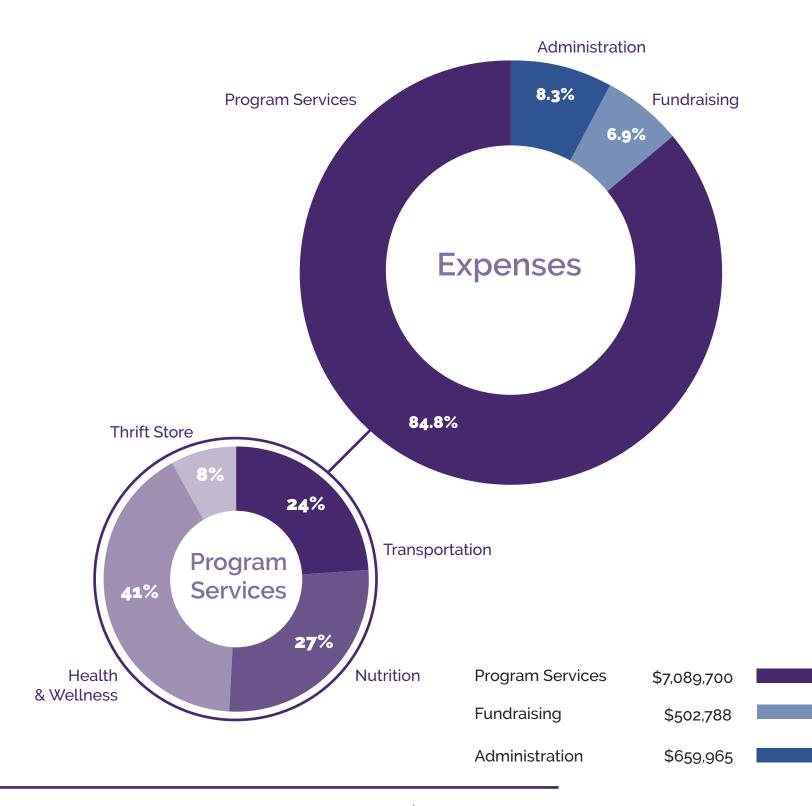
Conclusion: The collaborative effort between the Colorado Springs Fire Department, NAMI, Innovations in Aging, and Silver Key has illuminated the importance of hope in the lives of seniors. By leveraging the insights gleaned from the Hope Scale assessments, Silver Key and its partners have demonstrated the transformative power of community support 9 in nurturing hope and promoting holistic well-being among seniors. As we continue to prioritize initiatives aimed at fostering hope, we sow the seeds for a future where optimism, resilience, and healing abound, enriching the lives of all those we serve.



| Contract Services     | \$2,795,967 | Investment Income & Other                             | \$2,589,675 |
|-----------------------|-------------|---|-------------|
| Silver Key Foundation | \$330,411   | Individuals & Bequests                                | \$461,793   |
| In-Kind Contributions | \$1,488,595 | Corporate, Foundation, & Non-<br>Profit Organizations | \$445,079   |
| Program Service Fees  | \$805,866   | Government Grants                                     | \$248,785   |

Total Revenue: \$9,421,562

# OPERATIONS & FOUNDATION FINAN



Total Expenses: \$8,252,453



#### Members, Volunteers, Staff,

I'd probably be out in the street living underneath the bridge if Silver Key didn't help me. They have a lot of beautiful people helping support me.







Being in a relationship is what this is all about. It is really heart to heart. Being a volunteer in the companionship program means a lot to me. I have learned so much.

#### **Gale Banda**

Companionship Volunteer

There is a saying that I came across that reminds me of our work, 'I don't fear being lonely. I fear being forgotten.' ....So, we are there, so they are not forgotten.



We are delighted to announce that we've been recognized as a top workplace in the Gazette's Best Workplace 2023 list! Huge gratitude to our amazing team for making this achievement possible.

#### **Celise Schuler**

Retired from Silver Key in 2023 after 27 years of service

# BECAUSE OF OUR DEDICATED VOLUNTEERS there are...



29 more rides per day.

112 more meals given out per day.

35 more Silver Line calls answered per day.

30 more clients in the food pantry per day.

6 1. 1.1

212 hours of services per day on average.

500 volunteers throughout the year.

#### **OUR DONORS:**

**Abram & Ray Kaplan Foundation** 

**Ceres Foundation** 

Colorado Springs Osteopathic Foundation

**Community Health Partnership** 

**El Pomar Foundation** 

Meals on Wheels America

T Rowe Price Foundation

The Bohnen Family Foundation

The Colorado Health Foundation

Pikes Peak Real Estate Foundation

**Workforce Housing PPCF** 

Walter N. and Alberta H. Drake Foundation

**Colorado Springs Health Foundation** 

# OUNDATIONS

#### **Individuals:**

Out of respect for our individual donors' privacy, individual donor names are not publicized. However, we are grateful for the collective \$461,793 donated by members of our community.

**719**lending

AAA Medicaid Consulting LLC

**AARP Colorado** 

Adams Bank & Trust

**Adult Home Health** 

Aetna Inc

AIM Senior Services

Amazing Care Home Health Services

Bob McGrath Counstructions LLC

Bright Space Counseling

Campbell Homes

Centro de la Familia

Clear Spring Health

Cole Promo

Colorado Housing and Finance Authority

Discover Goodwill of Southern & Western Colorado

Elite Hearing

**Ent Credit Union** 

First Interstate BancSystem Foundation, Inc. Fountain Valley Senior Center

Gallagher

Griffis Blessing, Inc.

**Hearing Life** 

Humana

**Innovive Health** 

**Integrity Bank & Trust** 

Interim Healthcare of Colorado Springs

**Kaiser Permanente** 

**Larry Ritterband** 

Legend of Colorado Springs

Legend Senior Living COS ALF 1, LLC

Life After 50

**Mentally Strong** 

Myron Stratton Foundation

Ntiva

NurseCore of Colorado Springs

Peak View Behavioral Health

Pikes Peak Area Council of Governments

Pikes Peak Habitat for Humanity

Pikes Peak Hospice & Palliative Care

**Qmedic Health** 

Real Estate Remedy with Exit Realty Pikes Peak

**Restore Woundcare** 

Rockies Community Hospice, LLC

Rocky Mountain Health Care

**Scheels** 

**Senior Benefit Services** 

Solaris Health

Stellar Senior Living

The Cutting Edge, Realtors

The Independence Center

The Palisades at Broadmoor Park

Signarama

The Stewart Title Foundation, Inc

Torregrossa Insurance

**UCHealth** 

**USI Insurance Services** 

#### **Proud Partner of:**











