NOVEMBER 2024

Silver Key™ Clubhouse

MON	TUE	WED	THU	FRI
4 **9-10:** Open Fun **9-4:** Open Computer Lab **10-11:** Trivia **11:30:** Connections Cafe **12:30-2:** Movie **2-4:** Cards & Games	5 **10-11:30:** Computer Basics* **11:30:** Connections Café **1:30-3:** Beyond the Basics * **3:30-5:** Open Computer Lab	6 **9-10:** Open Fun **9-1:** Open Computer Lab **10-11:** UCCS Nursing Discussion **11:30:** Connections Café **12-2:** Bingo **2-2:45:** Balance Matters **2-4:** Cards & Games **3-5:** Open Computer Lab	7 **10-11:30:** Computer Basics* **11:30:** Connections Café **1:30-3:** Beyond the Basics * **3:30-5:** Open Computer Lab	8 **9-10:** Open Fun **9-11: Wound Care Awareness** **9-1:** Open Computer Lab **10-11**: Arts & Crafts **11:30** Connections Café **1-3:** Cards & Games
11 **9-10:** Open Fun **9-4:** Open Computer Lab **10-11:** Trivia **11:30:** Connections Cafe **12:30-2:** Movie **2-4:** Cards & Games	12 **10-11:30:** Computer Basics* **11:30:** Connections Café **1:30-3:** Beyond the Basics * **3:30-5:** Open Computer Lab	13 **9-10:** Open Fun **9-1:** Open Computer Lab **10-11: Medicare Prescription Updates** **11:30:** Connections Cafe **12-2:** Bingo **2-2:45:** Balance Matters **2-4:** Cards & Games **3-5:** Open Computer Lab	14 **10-11:30:** Computer Basics * **11:30:** Connections Café **1:30-3:** Beyond the Basics * **3:30-5:** Open Computer Lab	15 **9-10:30: Clubhouse Celebration** **9-10:** Open Fun **9-1:** Open Computer Lab **10-11**: Arts & Crafts **11:30:** Connections Cafe **1-3:** Cards & Games
18 **9-10:** Open Fun **9-4:** Open Computer Lab **10-11:** Trivia **11:30:** Connections Cafe **12:30-2:** Movie **2-4:** Cards & Games	19 **10-11:30:** Computer Basics* **11:30:** Connections Café **1:30-3:** Beyond the Basics * **3:30-5:** Open Computer Lab	20 **9-10:** Open Fun **9-1:** Open Computer Lab **10-11:** UCCS Nursing Discussion **11:30:** Connections Cafe **12-2:** Bingo **2-2:45:** Balance Matters **2-4:** Cards & Games **3-5:** Open Computer Lab	21 **10-11:30:** Computer Basics * **11:30:** Connections Café **1:30-3:** Beyond the Basics * **3:30-5:** Open Computer Lab	22 **9-10:** Open Fun **9-1:** Open Computer Lab **10-11**: Arts & Crafts **11:30:** Connections Cafe **1-3:** Cards & Games **1-3: Wine & Cheese Welcome Event**
25 **9-10:** Open Fun **9-4:** Open Computer Lab **10-11: Card Making** **11:30:** Connections Cafe **12:30-2:** Movie **2-4:** Cards & Games	26 **10-11:30:** Computer Basics* **11:30:** Connections Café **1:30-3:** Beyond the Basics * **3:30-5:** Open Computer Lab	27 **9-10:** Open Fun **9-1:** Open Computer Lab **10-11: Medicare 101** **11:30:** Connections Cafe **12-2:** Fall Holiday Bingo **2-2:45:** Balance Matters **2-4:** Cards & Games **3-5:** Open Computer Lab	28 **SILVER KEY CLOSED**	29 **SILVER KEY CLOSED**

***Pre-registration Required**

CLUBHOUSE HOURS: MON-FRI 9am-4pm
1655 S. Murray Blvd, Colorado Springs CO

QUESTIONS? CALL (719) 884 - 2300

ARTS & CRAFTS

Unleash your creativity, socialize, and enjoy projects like painting and knitting. Bring your favorite art or craft or grab something from the clubhouse stock!

BALANCE MATTERS BY AARP SENIOR PLANET

Enhance your strength and coordination with fun exercises with a live, online instructor. Stay steady and confident on your feet!

BEYOND THE BASICS

In this 10-week course, you'll build on your computer skills, exploring advanced internet tools, managing files, online safety, and using apps to stay organized and connected. **Pre-registration required**. Call 719-884-2300

BINGO

Join us for a lively Bingo game at the senior center! Enjoy an afternoon of fun, friendly competition, and great prizes. It's a perfect way to socialize and make new friends while having a blast! **Nov. 27th will be a special Fall Holiday Bingo! Bring your favorite fall dessert to share with fellow Bingo players.**

CARD MAKING CLASS – 11/25/24

Learn to design personalized greeting cards for any occasion. This relaxing and social activity is perfect for all skill levels, offering a great way to express your creativity while connecting with others.

COMPUTER BASICS FOR OLDER ADULTS

In this 10-week PC-based course, you'll learn basic computer skills, including email, internet navigation, and connecting with people, organizations, and entertainment that enrich your life. **Pre-registration required.** Call 719-884-2300.

CARDS & GAMES

Unleash your competitive spirit! Enjoy classic card games and board games with friends while sharpening your mind and having a great time. Come join the fun!

CLUBHOUSE CELEBRATION – 11/15/24

Celebrate the new clubhouse with free coffee and donuts! Stop by, meet some friends, and check out the space!

CONNECTIONS CAFÉ

Come enjoy a hot, nutritious meal alongside other friends. **Call 719-884-2300 for reservations by 2 pm the day prior to dining.** A suggested donation for eligible diners is $3.50, but no eligible person is denied a meal because of inability to give. The guest fee for a non-eligible diner is $7.50

MEDICARE PRESCRIPTION UPDATES – 11/13/24

Join us for a Medicare discussion taught by Robin, an experienced Medicare broker licensed in over 20 states. Learn about the new prescription drug rules for Medicare recipients.

MEDICARE 101 – 11/27/24

Join us for a Medicare 101 discussion led by Cigna representatives. Cigna will guide you through the basics and updates to Medicare, helping you make informed decisions.

MOVIE

Enjoy classic films and heartwarming favorites in a cozy setting. Grab some popcorn, relax, and share the joy of cinema with friends!

OPEN FUN

Enjoy a variety of activities like puzzles, pool, and ping pong in a relaxed atmosphere. It's the perfect time to unwind, socialize, and have a blast with friends!

OPEN COMPUTER LAB

During Open Lab time, you'll have the opportunity to practice your computer or device skills, ask questions, and get personalized help in a relaxed, hands-on environment.

EDUCATIONAL SPEAKERS

Each session features a guest speaker who shares valuable insights on a variety of topics, from health and wellness to travel and local history.

TRIVIA

Test your knowledge on a variety of fun topics, from history to pop culture, in a friendly and relaxed environment. Gather with friends, enjoy some laughs, and see how much you really know!

UC HEALTH WOUND CARE AWARENESS -11/8/24

Learn essential tips on preventing and caring for wounds, recognizing potential complications, and promoting healing.

WINE AND CHEESE WELCOME EVENT - 11/22/24

Come check out the clubhouse and visit with new friends, while enjoying some wine and cheese.