



Congrats, Erick Anderson & Laurie Onstott - 2025 Joe Henjum Senior Accolades

Congratulations to the 2025 Joe Henjum Senior Accolades nominees and winners! Special kudos to Laurie Onstott and Erick Anderson for winning in the Professional Staff and Veteran categories. We also celebrate Karen Wiedemann, Shianne Mitchell, and Silva-Markham Partners (Melanie Young & Holly Jackson) for their outstanding support of Silver Key and our older adult community.

Bike to Work Day

GIVE BIKE TO WORK DAY A SPIN ON JUNE 25! On June 25, join thousands of commuters for Bike to Work Day and enjoy a FREE breakfast along your commute! Join us on the Sand Creek Trail behind Silver Key Murray Campus (1625 S. Murray Blvd.) 6am-9am.



SHARE THE MUSIC!

We're in need of donated guitars of all sizes—every instrument makes a difference in giving more students the chance to learn and play. And don't forget to join us for music lessons with Troy every Monday from 10-11 a.m.—all skill levels welcome!

LOVE WHAT WE DO?

Well, we need your support! Silver Key couldn't do everything we do without the help of our beautiful community.

In order to maximize your tax benefits, please donate to Silver Key **before Dec. 31, 2025**. Taxpayers can deduct charitable contributions from total taxable income, reducing the total tax owed at tax time. Donors who are 70 1/2 or older are eligible to give up to a maximum of \$100,000 per year from their IRA directly to a qualified charity and potentially lower their overall income tax while meeting the minimum qualified distribution.



Scan here to donate!



NEWSLETTER SUMMER 2025

A SUMMER OF SUPPORT

As the warmth of summer embraces the Pikes Peak region, it brings with it a pressing concern for many of our older neighbors—**summer hunger**. Rising costs and limited incomes make these months especially difficult for seniors who already struggle to make ends meet.

At Silver Key, we believe no senior should have to choose between buying groceries and paying for medications or other essentials. That's why we're here—**delivering meals, offering pantry support, and providing vital services** that help older adults live with dignity and independence.

We're proud to share that the **Abram and Ray Kaplan Foundation** has stepped up in a big way with a **\$50,000 gift to support Silver Key's Food Pantry**. Their generosity is already making a meaningful difference—and now we're asking **you** to help **match their spirit of giving**.

Your donation today helps:

- Deliver nutritious meals to homebound seniors through **Meals on Wheels**
- Keep our **Food Pantry** stocked for hundreds of older adults in need
- Provide **transportation** to grocery stores and essential appointments
- Foster **connection** and **reduce isolation** through Companionship and Connections Café programs

These services are a lifeline—not only for older adults but also for grandparents caring for grandchildren who lose access to school meals during the summer. Your gift ensures that these multigenerational households have access to the nourishment and support they need.

Please consider joining the Kaplan Foundation in standing up for seniors in our community. **Your compassion helps fill pantries, warm hearts, and bring hope.**

Thank you for your continued support and kindness.

Warm Regards,
Jason DeaBueno



Scan this QR Code or Visit:
<https://donate.silverkey.org/donations/summer-hunger-donations/>

To Donate Now!

VOLUNTEER APPRECIATION WEEK!

Silver Key celebrated national volunteer appreciation week between April 21st-April 25th. Jason DeaBueno our President and CEO sent out a heartfelt email, we hung appreciation banners, distributed President's Volunteer Service Awards, created social media posts, distributed tote bags, and held appreciation receptions with more than 100 volunteers



THIRFT STORE NEW HOURS

Now open Saturdays!

Mon-Sat 9am-4pm

1605 S. Murray Blvd. Colorado Springs, CO 80916

NEW ARRIVALS!

Over 6,000 lbs of college clothing! Your next favorite find is waiting, come see for yourself!



MENTAL HEALTH FIRST AID FOR OLDER ADULTS

Sign Up Today!

Friday, June 13th From 8am-5pm

Full Day, in-person training +15-min pre-work

location: NAMI

1615 S. Murray Blvd. Colorado Springs, CO 80916



Scan this QR Code or Visit:
<https://forms.office.com/r/fr2KmQLQig>

To Sign up Now!



Mental Health **FIRST AID**
from NATIONAL COUNCIL FOR MENTAL WELLBEING

MENTAL HEALTH FIRST AID
FOR OLDER ADULTS

JUNE IS WORLD ELDER ABUSE AWARENESS MONTH!

June 15th is world elder abuse awarness day.

This National Holiday is dedicated to raising awarness about the abuse, neglect, and exploitation that many older adults face. The month also aims to educate the public about the signs of elder abuse.



WORLD ELDER ABUSE
• AWARENESS DAY •



TRI-LAKES SENIOR CENTER IS MOVING!

We will be moving mid-July.

New location TBD.

To help move, please call 719-884-2300

Tri-Lakes Senior Center prepares for a big change as it gets ready to move from its current home at the Grace Best Education Center in Monument, which the D38 School Board recently voted to tear down. While details are still being worked out, Silver Key is committed to making sure local seniors continue to get the services they count on—like meals, rides, home repairs, and social activities. Grace Best has been more than just a building; it's been a place where generations connect and community grows, and that spirit will carry on wherever we go next.



GET IN THE GAME WITH SILVER KEY AT THE COLORADO SENIOR GAMES!

We're rallying for Pickleball and stepping strong in Powerwalking — and we want YOU on our team!

June 6–8, 2025

Pickleball: 2975 New Center Point

Powerwalking: June 7 at 2 PM – Gerry Berry Stadium

Register by June 1: coloradoseniorgames.org

Let's move, compete, and have fun together!