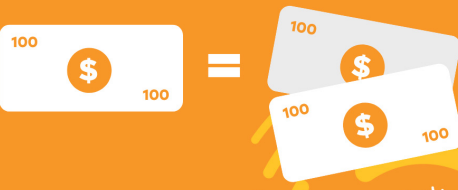


Twice the Impact

Set up a new monthly donation before Dec. 9 and Colorado Gives Foundation will match it up to \$100.



COLORADO GIVES DAY DONATE BEFORE DEC 9TH

Your impact can go even further this Colorado Gives Day! When you start a monthly gift, Colorado Gives Foundation will match your first donation up to \$100! With \$250K in matching funds available statewide, now is the best time to give monthly.

Set up your recurring donation today at:
[ColoradoGives.org/SilverKey](https://coloradogives.org/SilverKey)

SAFELY DISPOSE OF EXPIRED MEDICATION

Properly disposing of expired or unused medications helps prevent accidental ingestion or misuse, keeping both elders and their loved ones safe. It's a smart way to protect your health, your home, and the environment from harmful substances that shouldn't be thrown into the trash or flushed.



LIST OF SITES ACROSS COLORADO:
Scan now or visit:
<https://tinyurl.com/mzeczduzj>



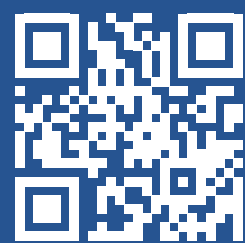
FIND A LOCATION NEARBY:
Scan now or visit:
<https://takemedsseriously.org/safe-disposal/>



LOVE WHAT WE DO?

Well, we need your support! Silver Key couldn't do everything we do without the help of our beautiful community.

In order to maximize your tax benefits, please donate to Silver Key **before December 31**. Charitable contributions made to qualified nonprofits may be deductible from taxable income, reducing your total tax owed. If you are age 70½ or older, you may also make a Qualified Charitable Distribution (QCD) of up to \$100,000 per year directly from your IRA to Silver Key. These gifts can be excluded from your taxable income and can also count toward your required minimum distribution, potentially lowering your overall tax burden. **Please consult your tax advisor for guidance on your specific situation.**



Scan here to donate!



NEWSLETTER WINTER 2025

CONGRATS, ERIN!

Silver Key proudly congratulates Erin, our Tri-Lakes Activity Center Coordinator and founder of AGEnts of Movement, on receiving a 2025 Promising Practices Award from the Mather Institute! This national recognition honors four organizations that are reshaping the aging services industry. Erin's innovative work promoting strength, balance, and confidence among older adults is transforming how we think about movement, fall prevention, and healthy aging in our community.



HONORING OUR ELDERS THROUGH HOUSING

Silver Key President & CEO Jason DeaBueno recently joined The Buildout podcast by the Colorado Housing and Finance Authority (CHFA) to discuss how Silver Key is helping older adults live with dignity, purpose, and stability through affordable housing.

Listen now: <https://chfainfo.com/community-partnerships/the-buildout-a-chfa-podcast#s2-ep4>

SUPPORT FOR CAREGIVERS

Caregiving is hard. Find people who get it. The Colorado Respite Coalition has curated a list of resources available to family members caring for older adults, adults with disabilities and kids with disabilities. Explore resources available to you here:

<https://coloradorespitecoalition.org/resources-this-way/>

This cartoon is being shared courtesy of the Colorado Respite Coalition as part of National Family Caregivers Month.



VOLUNTEER SPOTLIGHT

TRI-LAKES THRIFT STORE

Meet Carol & Nicole: Our Dynamic Duo at Tri-Lakes

Carol and Nicole are a delightful mother-daughter team who recently joined our Tri-Lakes Thrift Store as volunteers. Carol, originally from Ireland, was unsure at first if volunteering would be too rigid or challenging, so she came in with her daughter, Nicole, a few times to get a feel for the store. It didn't take long before she was hooked by the cozy, welcoming atmosphere of our community shop.



After just a few shifts, Carol has become a whiz at the register while Nicole has mastered processing donations. Their easy banter—complete with Carol's lovely Irish accent—brings warmth, fun, and personality to the store.

Carol is a retired nurse, and Nicole is preparing to apply for medical school, which brought them to Colorado. Early on, Nicole jokingly asked if there was an age limit for volunteering since most of the volunteers were retired. We assured her: absolutely not! Our thrift stores welcome all generations.

Nicole brings fresh insight into trending styles and helps diversify the donations we put out on the floor. Together, Carol and Nicole embody the connection and joy that make our Tri-Lakes Thrift Store so special. We're truly grateful for all the joy and hard work they bring to our store!



VOICES OF IMPACT

The Difference You Make



"I can't say enough about the help I've received from Silver Key. This winter was especially hard—between the freezing temperatures, a broken pipe, and a utility bill I couldn't manage, I felt overwhelmed. But then a case manager from Silver Key, along with an intern from their team, stepped in and offered support I didn't expect.

They worked closely with Tri-Lakes Cares to make sure I had what I needed to stay safe and warm. Thanks to their coordination, I received financial assistance that helped cover my utility bill and repairs for the pipes that burst during the cold snap. That kind of help meant everything to me.

Silver Key also sent out their Handyman team to assess my home and take care of a few safety concerns. It's comforting to know someone's looking out for me, making sure I can stay in my home safely.

I'm so thankful for everyone at Silver Key who made this possible. They didn't just offer support—they took the time to really care. Their teamwork and dedication made me feel like I wasn't alone during a really tough time. I don't know what I would have done without them. "

We'd love to hear from you!

Share a short testimonial about what being a Silver Key member means to you—whether it's the friendships, activities, or support you've received. Your story could inspire others to get involved!



To Share Your Story
Scan The QR Code or Visit:
<https://forms.office.com/r/DJtzsdXBpk>

JEWISH FAMILY SERVICE OF COLORADO LAUNCHES RESOURCE & SUPPORT LINE

Jewish Family Service of Colorado has established a new resource and assistance line to provide support for Jewish community members experiencing current financial, health, or social service needs. This resource line will provide referrals to local resources and emergency financial assistance. **FOR ASSISTANCE CONTACT:** Lisa Soicher at Jewish Family Service of Colorado **Call:** 720-780-8728 or **Email:** lsoicher@jewishfamilyservice.org.

EVENTS



Activity Center South
Scan the QR code to view the December Activity Calendar



Tri-Lakes Activity Center
Scan the QR code to view the December Activity Calendar

HOW TO BLOCK SPAM CALLS

If you have an Android

Enable Caller ID and Spam Protection:

Open the Phone app and go to Settings.

Look for Caller ID & Spam and enable it. This feature helps identify and block suspected spam calls.

If you have an iPhone

Silence Unknown Callers:

Go to Settings > Phone > Silence Unknown Callers.

Toggle the switch to enable this feature. Calls from numbers not in your contacts will go directly to voicemail.