

Newsletter

SUMMER 2026



Help Us Open a Place for Belonging.

Loneliness is one of the greatest challenges we face as we age. The solution isn't just a place to live, it's a place to belong. It's finding friends who share your passions, right outside your door. It's a quiet afternoon spent creating, laughing, and connecting.

This was the vision of Silver Key's first CEO and Old North End neighbor, Mikki Kraushaar. She knew our community deserved a place where seniors could not just live, but truly thrive together. She laid the foundation for this dream, a new senior apartment complex soon to be located on Weber Street, across from the Tasty Freeze.

**Now, you can help us build apartment homes.
Your donation helps create a place where community comes to life.**



We are building a place for our neighbors to belong. Scan the code or visit silverkey.org/mikki-legacy-fund to learn more and be the key to creating community.

Thank You UCHealth!

For Supporting Our Meals on Wheels Program



for elders facing food insecurity, mobility challenges, and isolation throughout the Pikes Peak region. We are deeply grateful to UCHealth for investing in the health, dignity, and well-being of local elders through Meals on Wheels.

Thanks to the generous support of UCHealth, Silver Key Senior Services has received an \$18,000 grant to help strengthen our Meals on Wheels program for local older adults. This funding will help provide nutritious meals and dependable wellness checks



Congrats Carlos!

2026 Joe Henjum Senior Accolades Winner

We are proud to celebrate Silver Key team member Carlos Nunez for being named the 2026 Joe Henjum Senior Accolades Veteran of the Year. Carlos' dedication to serving older adults, fellow veterans, and the community reflects the compassion and commitment he brings to Silver Key every day. His leadership and service continue to make a lasting impact across the Pikes Peak region, and we are honored to recognize this well-deserved achievement.

Support Colorado's Aging Workforce

If you're age 50 or older, your voice matters. The Colorado Department of Labor and Employment (CDLE), Workforce Colorado, iAging, and workforce partners across the state are conducting a survey to better understand the experiences of older adults navigating work, career changes, and job transitions. The feedback gathered will help shape future workforce programs, policies, and opportunities for older workers across Colorado. Participants who complete the survey will also be entered into drawings for gift cards. All responses are confidential.

Take the Older Adult Workforce Survey and help create a stronger future for Colorado's aging workforce. survey.alchemer.com/s3/8699370/Older-Adult-Survey-Colorado-2

Colorado Springs Fire Department: Preparedness Survey 2026

Colorado Springs Fire Department: Preparedness Survey 2026 - Emergencies affect everyone differently. That's why the Colorado Springs Fire Department needs to hear from all of Colorado Springs — families with young kids, older adults, residents with disabilities, pet owners, renters, and everyone in between. Your responses help us plan services that reach our whole community. rebrand.ly/csfd2026. La encuesta está disponible en español.



Community
**PREPAREDNESS
Survey** **2026**



Scan the QR code or visit:
rebrand.ly/csfd2026
La encuesta está disponible en español.

EVENTS



Activity Center South

Scan the QR code to view the
June Activity Calendar



Tri-Lakes Activity Center

Scan the QR code to view the
June Activity Calendar

Voices Of impact

The Difference You Make



“Carl (Pat) Kastle, a military veteran, has been matched with their member for approximately one year through the Silver Key Companionship program. Over that time, they have developed a strong and trusting relationship. The volunteer provides reliable support by accompanying the member to medical appointments, helping ensure they feel comfortable and cared for. In addition, they spend time together enjoying lunches out in the community and walking around the lake, promoting both social connection and physical activity. The member has become quite fond of this volunteer and looks forward to their regular visits. This friendship highlights how dedicated volunteers, including those who have served our country, continue to make a meaningful impact through companionship and support.”

We'd love to hear from you!

Share a short testimonial about what being a Silver Key member means to you—whether it's the friendships, activities, or support you've received. Your story could inspire others to get involved!



To Share Your Story

Scan The QR Code or Visit:

<https://forms.office.com/r/DJtzsdXBpk>

Safely Dispose of Expired Medication

Properly disposing of expired or unused medications helps prevent accidental ingestion or misuse, keeping both elders and their loved ones safe. It's a smart way to protect your health, your home, and the environment from harmful substances that shouldn't be thrown into the trash or flushed.



LIST OF SITES ACROSS COLORADO:

Scan now or visit:

<https://tinyurl.com/mzecduzj>



FIND A LOCATION NEARBY:

Scan now or visit:

<https://takemedsseriously.org/safe-disposal/>





988 Colorado Mental Health Line: *Support is on the Line*

The 988 Colorado Mental Health Line is a national network of local contact centers offering free and confidential assistance. 988 is here to provide support for you or someone you know. This includes but is not limited to emotional challenges, substance use issues, and life-threatening crises.



LEARN MORE

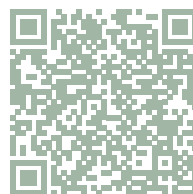
Scan now or visit:
988colorado.com/en



HOW IT WORKS

Scan now or visit:
988colorado.com/en/what-is-988

Recognizing typical signs of emotional distress can help you notice when someone might need support. Everyone experiences things differently, but recognizing changes in behavior, mood, or daily habits can be an important first step.



KNOW THE SIGNS

Scan now or visit:
samhsa.gov/mental-health/disaster-preparedness/warning-signs

LOVE WHAT WE DO?

Well, we need your support! Silver Key couldn't do everything we do without the help of our beautiful community.

In order to maximize your tax benefits, please donate to Silver Key **before December 31**. Charitable contributions made to qualified nonprofits may be deductible from taxable income, reducing your total tax owed. If you are age 70½ or older, you may also make a Qualified Charitable Distribution (QCD) of up to \$100,000 per year directly from your IRA to Silver Key. These gifts can be excluded from your taxable income and can also count toward your required minimum distribution, potentially lowering your overall tax burden. **Please consult your tax advisor for guidance on your specific situation.**



Scan here to donate!